

Memorial Day Activities for Kids

What is Memorial Day?

Memorial Day is a United States holiday that honors the men and women who have died while serving in the military. It is observed on the last Monday of May and marks a time to remember, reflect, and give thanks for the sacrifices made for freedom.

1. Write a Thank-You Letter to a Soldier

Use the space below to write a letter to a soldier or veteran. Even though Memorial Day honors those who have passed, writing a thank-you letter is a way to show appreciation for service members in general.

Prompt:

"Dear Hero,

Thank you for..." (Continue your message here)

2. Memorial Day Coloring Pages

Encourage kids to color flags, poppies, stars, and American eagles.

Suggestions to include:

- American flag
- A soldier saluting
- Poppy flowers
- Bald eagle with stars

3. Memorial Day Word Search

Find and circle the following words:

SOLDIER, FLAG, HERO, BRAVE, HONOR, FREEDOM, AMERICA, SACRIFICE, PEACE, TROOPS

4. Memorial Day Facts Matching Game

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Match the correct answer:

1. Memorial Day is celebrated in...
a) July b) May c) November
2. The red poppy is a symbol of...
a) Peace b) Hope c) Remembrance
3. Memorial Day was first called...
a) Hero Day b) Decoration Day c) Freedom Day

5. Memorial Day Scavenger Hunt

Find or draw pictures of the following:

- An American flag
- A photo of a soldier
- A poppy flower
- A star
- Something red, white, and blue
- A bell or something that makes sound
- A family picture

6. Memorial Day Poem Writing

Prompt: Write a short poem to honor fallen heroes. Here's a starting line:

"We remember you, brave and strong..."

Let kids finish the poem using their feelings and creativity.

7. Memorial Day Picnic Planner

Have kids help plan a red, white, and blue picnic!

Let them choose:

- A red food (e.g. strawberries, watermelon)
- A white food (e.g. marshmallows, popcorn)

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- A blue food (e.g. blueberries)

They can draw or write out their picnic ideas!

8. Movie or Story Time

Watch or read a kid-friendly story that teaches about heroes, patriotism, and sacrifice.

Suggestions:

- “The Wall” by Eve Bunting
- “The Poppy Lady” by Barbara Walsh
- “A Day for Rememberin’” by Leah Henderson

9. Moment of Silence

Guide children to observe a moment of silence at 3 PM local time to honor fallen heroes — the National Moment of Remembrance. You can set a timer and quietly reflect for one minute.

10. Craft: Make a Memorial Day Wreath

Use red, white, and blue paper to cut out stars and flowers. Arrange them into a wreath shape to hang on the front door in memory and honor.